

SAMPLE MENU

STARTERS

Prawn Cocktail | *GF

Marie-Rose Sauce, Iceberg Lettuce, Lemon, Bread & Butter

Whitby Scampi | *GF

Served with Lemon, Sweet Chilli Sauce or Garlic Mayonnaise Dip

Homemade Soup of the Day | V | VG | *GF

Served with Artisan Bread & Butter

Shetland Mussels | *GF

White Wine, Garlic, Cream, Parsley, Toasted Sourdough

Crispy Salt & Pepper Squid

Red Onion & Coriander Salad, Chilli Jam

Halloumi Fries

Ranch Dressing, Pomegranate Seeds, Spring Onion, Fresh Chilli

Smoked Haddock & Leek Chowder

Parsley, Toasted Sourdough

Tempura King Prawns | *GF

Asian Dipping Sauce, Spring Onion & Coriander Salad

SEAFOOD BOARDS

Trenchers Chilled Seafood Selection | *GF

Greenland Prawns, Hot & Cold Smoked Salmon, Smoked Mackerel, Fresh Crab, Mussels, Marie Rose Sauce, Lemon, Sourdough, House Salad

Trenchers Hot & Cold Seafood Selection | *GF

Greenland Prawns, Hot & Cold Smoked Salmon, Whitby Scampi, Cod Bites, Tempura King Prawns, Lemon, Sourdough, Tartare Sauce

TRENCHERS MULTI-AWARD-WINNING TRADITIONAL FISH & CHIPS

Regular Cod / Haddock | *GF

Large Cod / Haddock | *GF

Vegan Fish & Chips | VG

Banana Blossom, Chips, Lemon, Plant-Based Tartare Sauce

Available Battered or Floured Chips, Lemon, Tartare Sauce

MAINS

Slow Cooked Steak Pie

Leek Suet Pastry Top, Chips, Gravy, Mushy or Garden Peas

Trenchers Fish Pie | GF

Cod, King Prawns, Poached Salmon, Herb & Leek Cream, Creamed Potato & Mature Cheddar, Garden Peas

Trenchers Goan Curry | *GF

Braised Rice, Pak Choi, Crispy Shallot, Coriander

House Burger

2x 4oz Patties, American Cheese, Pickles, House Burger Sauce, Beef Tomato, Iceberg Lettuce, Onion Rings, Fries, Brioche Bun

Vegan Burger | VG

Plant-Based Burger Patty, Vegan Cheddar, Iceberg Lettuce, Beef Tomato, House Burger Sauce, Brioche Bun

King Prawn & Cod Bites | *GF

Chips, Mixed House Salad, Chilli Jam, Lemon

Grilled Fillet of Seabass | GF

Buttered New Potatoes, Tenderstem Broccoli, Hollandaise Sauce

Whitby Scampi | *GF

Chips, Lemon, Tartare Sauce

Chip Shop Sausage

Available Battered, or Unbattered Chips, Curry Sauce

Vegan Sausage | VG | GF

Available Battered, or Unbattered, Chips, Gravy

Add Vegetables (Vegan) | Add Seafood

DESSERTS

Cheesecake of The Day

Vanilla Ice Cream

Profiteroles | V

Whipped Cream, Dark Chocolate Sauce

Apple & Cinnamon Crumble | V | GF

Custard or Vanilla Ice Cream

Warm Chocolate Fudge Cake | V

Whipped Cream or Vanilla Ice Cream

Sticky Toffee Pudding | V

Vanilla Ice Cream, Butterscotch Sauce

Selection of Ice Cream & Sorbets | V | GF

Please note, we fry in beef dripping. Vegetable oil option available on request.

(V) Vegetarian (VG) Vegan (GF) Gluten Free (*GF) Gluten Free on request.

Please enquire for more information regarding ingredients and allergens.

TRENCHERS ETHOS COMPASS

- > Multi-award-winning.
- > Established in 1980.
- > Traditional, high-quality fish and chips.
- > Consistently top-rated by customers.

N North – Notoriety

West – Waste & Welfare

W

- > Zero single use plastic.
- > We recycle our oil.
- > Energy-efficient frying methods.
- > Commitment to reducing food waste.
- > Sponsorship and support for community charities and events.

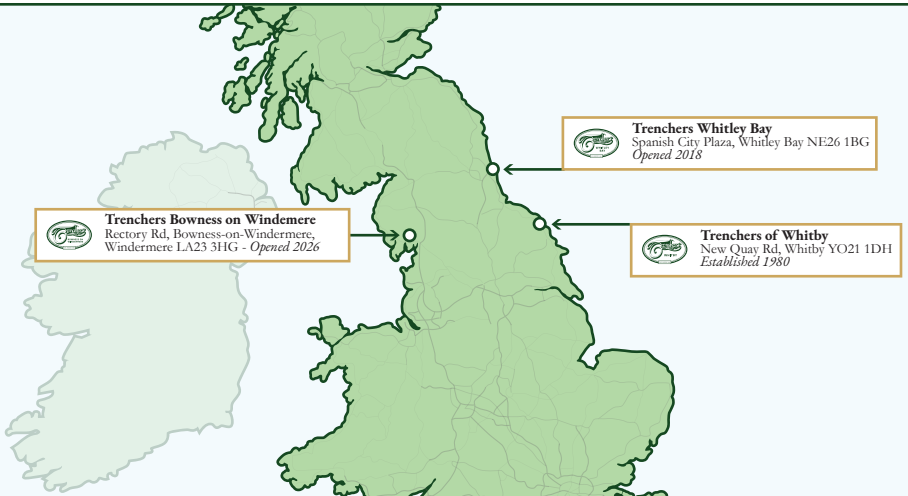


E East – Employees

- > Friendly staff.
- > Longstanding, loyal team members.
- > Personal service with a smile.

S South – Specialities

- > Fry in beef dripping to ensure the best taste for our customers (with vegan and vegetarian options available).
- > Trenchers trademark tartare sauce.
- > Only use local, high-quality potatoes. Prepped and chipped on site.
- > Gluten free fish and chips are also available.
- > Daily fresh fish deliveries.
- > Seasonal specials showcasing local produce.



AWARDS

